



'Being Different, Belonging Together'

13th July 2017

Food Allergies

Dear Parent/Carers

Food allergies are becoming more common and as a school we must do all we can to provide a safe learning environment for children who suffer these allergies. With your help we can achieve this.

We now have children in school with severe nut allergies, strict avoidance is the only way to prevent an allergic reaction as the allergy can be life threatening.

This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, touching peanut/nut products, cross contamination and breathing peanuts in the air.

Since this condition can be life threatening, we are asking for your help in minimising the risk to these children by:

- Avoiding giving children peanuts in school lunches
- Avoiding giving peanut butter sandwiches, other spreads containing nuts such as Nutella and snacks/bars containing nuts or labelled "may contain nut traces" in school lunches
- Asking children **not** to share their lunches.

Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to this child.

Many thanks for your continued support

Yours sincerely

Mrs S Woolley
Headteacher

